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THE RICHMOND TERMINAL

Richmond's oldest newspaper; has the confidence and support of pioneers.

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No. 35

Union Labor's Friend Elect Zeb Supervisor

Knott Always Favors Organized Workers Employs Them

Labor is particularly fortunate again this year in having a candidate for the office of supervisor of the first district, Zeb Knott, who has always been their friend, and at the same time has been fair to the interests of the taxpayers of the district which he has so ably represented for the past 12 years.

Never in the history of Contra Costa county, in the past, has there been a supervisor who has accomplished as much for his district as has Supervisor Zeb Knott.

He has been a resident of this county for the past 19 years, and most of the time he has been in the contract painting business. During all of those years he has employed union men while contracting and previous always employed one of the representatives of the Building Trades Council.

It is due greatly to his efforts that the wages fixed by the board of supervisors for work on the county roads, have been increased from time to time.

Zeb Knott is a friend of the common people, and the position he occupies today is due solely to his own efforts. The high esteem in which he is held by the people of the county is due to the utmost fairness with which he has dealt with public problems.

He is widely known as one of labor's leaders of the whole county and has never been accused of any unfairness to the workingmen.

Reward a faithful public servant, and protect yourselves at the same time and the interest of the taxpayer and of the county and of organized men and women by casting your ballot for Zeb Knott for supervisor at the primary election to be held August 31st.—Labor Journal.

Faithful Servant.

He has been faithful to every trust and obligation, and is entitled to the support of all men of loyal principles who believe in the virtues of fidelity and friendship. Vote for Zeb Knott. Re-elect him supervisor.

Hit and Run Victim

Gale Robertson, 551 20th street, who was the victim of a hit and run driver three weeks ago near Santa Rosa, is wearing his arm in a sling. Dr. Abbott finding it necessary to reduce the fracture again, the bone being split. Gale, who has been brought up in Richmond, says that he was walking on the highway, and that a machine came down on the wrong side and hit him, the driver never slowing up or giving him the least attention. Being knocked out and alone, the number of the machine and the driver was not ascertained.

The annexation election whereby El Cerrito gained three and a half blocks of territory, about seventy-five new residents and control of all of San Pablo avenue through the city limits, will not be invalidated by the fact that the signature of no city official appeared on the notices of election published prior to the ballot of Tuesday.

THE RICHMOND TERMINAL is the oldest newspaper in Richmond, and has hundreds of readers.

George Meese, County Assessor, Will Be Re-Elected

From every element and class in Contra Costa there has come endorsements of Assessor George O. Meese that provide convincing proof that his record of efficient service and his administration of the assessor's office will be recognized and approved by the voters next Tuesday.



Contra Costans are well aware of his excellent official record and predictions are being freely made that he will be returned to office with an even greater majority than he obtained four years ago.

From eastern and central Contra Costa and from the valley districts and the waterfront have come pledges of support and endorsement of Meese's record that are extremely gratifying and augur success in his campaign.

"History Contra Costa knows Meese has been a competent assessor in an important post and I am sure that it will give its approval of his administration" is a view that has been expressed by Roy Davis, Antioch banker and one of the county's best known boosters. El Cerrito will go in the Meese column, according to the prediction of Fred Lutz, member of the El Cerrito board of trustees.

"The pendulum has swung strongly in Meese's favor," Lutz declares.

"An eighty per cent vote for Meese" in balloting in the San Ramon Valley and Walnut Creek districts, is the prophecy of S. H. Johnson, Danville rancher.

"Pittsburg knows Meese's record and will show its approval and appreciation of his service and efficient administration of his post," epitomizes a statement by Joseph McAvoy, member of Pittsburg's board of trustees.

These declarations are only a minority expression of the sentiment that has crystallized strongly in Meese's favor throughout the county; sentiment that demands that a tried and efficient officer be retained in a most important post.

The "campaign lie" is again abroad in the land. But it doesn't have a very serious audience.

Old Zeb, the reliable, "all wool and a yard wide," they can't beat him. Has the confidence of the people.

Sixth St. Coffee Shop

James Cooper has opened the Sixth Street Coffee Shop in connection with the Palace Billiard Parlor at 316 Sixth street, and is now serving a business men's noon hour lunch that cannot be excelled in the city and at reasonable prices. Stop in today and take lunch at the Coffee Shop, just two doors north of the Terminal office on Sixth street. You will then acquire the habit, as Cooper serves excellent eats.

War Veteran Popular Candidate For Senator

(Albany Argus)
With more than 2000 world war veterans rallying to his support, Joseph L. Fainer, prominent Oakland attorney, and candidate for state senator for the sixteenth district, yesterday announced his confidence in being elected to that office. Fainer declared:

"I have the support of the men from overseas as well as the American Legion and business men of Berkeley, Albany and Oakland. More than 2000 overseas veterans and their mothers are assisting in my fight and I have every confidence that I will be elected by a large majority.

"It is time for a change, and because of my experience as an attorney, deep understanding of the problems of the working people as well as the business and professional men, I believe that I am the logical candidate.

"I am in favor of the Japanese exclusion from this state and I have already pledged myself to carry on the fight of repealing any bills now before the California senate, granting these orientals a monopoly upon the California fishing industry.

"The present senator voted in favor of granting this concession to the Japanese and it is for this reason that the Japanese gave a banquet in honor of their political friends in California.

Mr. Fainer is an overseas world war veteran. He graduated from the University of California five years ago. He has been successful in gaining the reputation of being one of the most capable attorneys in the eastbay. He has been endorsed by a large number of civic and improvement clubs as well as the United Veterans of the Republic.

Sheriff R. R. Veale

Sheriff R. R. Veale, 32 years on the job. Why? Because he knows his stuff, practical, a student of criminology, a gentleman, a friend always.

Albany Fast Growing City Wants P.O. Service

The Berkeley postoffice department has been quite accommodating in placing the few collection boxes for mail in convenient locations to accommodate the people of Albany who have been greatly handicapped by not having postoffice accommodations. Now that the department has installed a substation service with the Albany Pharmacy, the collection box at the northeast corner of Main and San Pablo has been removed in order to have it nearer the substation.

There is no objection to this, it is stated, providing the petitioners' wishes are granted to install another collection box at the old and convenient place at the northeast corner of Main and San Pablo. The traffic there is heavy, and the dropping of mail there from the street cars would justify continuing the service at this corner. The object of the postoffice department is to give the people good and adequate service. For collection purposes the drivers of mail trucks say that the old corner is directly on their route and a convenient place for them as well as the people who patronize the collection box. Albany is growing so rapidly that there are other points on the avenue that will soon ask for collection boxes. Washington and San Pablo needs one now.

CHALLENGE TO DEBATE IS DYING GASP OF A LOST CAUSE

The secret is out at last!

No longer is the public in doubt as to the intent and purposes of the group of San Francisco promoters seeking a franchise to build a bridge across Carquinez straits.

No longer can there be a question in the mind of anyone as to why the franchise was applied for at this particular time.

IT WAS FOR THE SOLE PURPOSE OF ATTEMPTING TO "JAM" THE BOARD OF SUPERVISORS TO PLACE SUPERVISORS C. H. HAYDEN AND ZEB KNOTT, UP FOR RE-ELECTION, IN A POSITION WHERE A VOTE WITH THE DICTATES OF THEIR CONSCIENCE WOULD COST THEM POLITICAL SUPPORT OF A CERTAIN GROUP OF INDIVIDUALS AND AROUSE THE HEARTY ANTAGONISM OF THOSE WHO HAVE BEEN PAID AND PAID HANDSOMELY TO PUT THIS FRANCHISE GRAB OVER.

Why are the two young Richmond attorneys, W. S. Pierce and T. M. Carlson challenging Supervisor C. H. Hayden to a debate?

What is there to debate about?

Supervisor Hayden, AND EVERY OTHER MEMBER OF THE BOARD OF SUPERVISORS, acted in this matter in strict accord with the dictates of his conscience and best judgment, as to what they considered was for the best interests of all Contra Costans.

There is nothing now before the Board. The Supervisors decided upon the advice of the District Attorney, delegated by law to advise them in such matters. The courts first to decide and the Supreme Court rules that the matter is subject to initiative vote, the election will be called.

AND THE COST OF GOING TO THE SUPREME COURT IS CONSIDERABLY LESS THAN THAT OF JUST ONE OF THE MANY NEWSPAPER ADVERTISEMENTS WHICH THE NORTHERN CALIFORNIA DEVELOPMENT COMPANY IS PAYING FOR TO TELL THE VOTERS WHY THEY SHOULD DEFEAT HONEST, CONSCIENTIOUS OFFICIALS AT THE POLLS.

A few days prior to the date on which the application for the franchise was formally presented to the Supervisors T. M. Carlson and advised Supervisor C. H. Hayden, with whom he was most friendly, that he, Carlson, hoped that Hayden would "vote right" on this proposition (the franchise) because it would be made a political issue in an effort to defeat both he, Hayden, and Supervisor Zeb Knott, down in Richmond.

Hayden, according to his own statement told Carlson that when the matter came before the board, he would vote as his conscience dictated, as he thought was right and proper, for the best interests of the people of his district and for the whole county.

The attack on Hayden and Knott is an attack upon the entire Board of Supervisors. Other members of the board are not standing for re-election this year, else they too would be attacked and challenged to debate, that age-old, time-worn, moth-eaten last desperate resort of the loser who knows he's beaten to "discredit the man he's out to injure."

Albany May Lose "Revenue Getter"

Frank Davis, the efficient speed cop of Albany who has made a reward for gathering in violators of the traffic laws, is reported to have submitted his resignation. Efforts are being made to retain him on the force, as Davis is a valuable man, bringing in revenue to the city as well as doing his duty well.

public libraries in Contra Costa county and has hundreds of readers. THE TERMINAL is on file in all the

Members of the Contra Costa county Board of Supervisors are upright, conscientious, faithful public servants, successful business men every one, who hold the confidence and respect of the people of their several districts. A majority of them have served on the board for many years, being elected and re-elected time and time again, frequently without opposition. Supervisors Hayden and Knott had no more part in denying the bridge franchise than did the other three Supervisors, in fact the site of the proposed bridge is not even in either of their districts. They did not make any of the motions denying the franchise or declining to call a special \$7,000 election.

BUT HAYDEN AND KNOTT ARE STANDING FOR RE-ELECTION AND IT IS ON THEM THAT THE HEAVY GUNS ARE BEING TRAINED. NO NEED TO ASSAIL THE OTHER THREE MEMBERS OF THE BOARD, EXCEPT IN AN INDIRECT WAY AT THIS TIME.

But Pierce and Carlson, bear in mind, attorneys practicing law in Richmond, are coming into this third supervisorial district where they do not reside, where they own no property, with which they are in no wise connected, and attempting to dictate to the voters whom they should place on the Board as their Supervisor. Pierce and Carlson, be it remembered are merely working for their fee for the obtaining of a mere franchise, which if it is legal, can be ordered on the ballot by the courts and put up to a vote of the people at a cost of a few hundred dollars for

WHAT SAY THE PEOPLE OF THE THIRD SUPERVISORIAL DISTRICT TO THIS ATTEMPT OF THE SAN FRANCISCO PROMOTER, DR. OTTO FRYERMUTH, TO STUPEFY THE REPUTATION, THAT OF JUST ONE OF THE MANY NEWSPAPER ADVERTISEMENTS WHICH THE NORTHERN CALIFORNIA DEVELOPMENT COMPANY IS PAYING FOR TO TELL THE VOTERS WHY THEY SHOULD DEFEAT HONEST, CONSCIENTIOUS OFFICIALS AT THE POLLS?

Supervisor Hayden will not meet Mr. Pierce or Mr. Carlson in debate. Of course he won't debate his official position to recognize such tactics. Of course he will not mount the rostrum to be made the target of vituperation and abuse and be called upon to answer a lot of fool questions which are beside the issue and which have nothing to do with the matter, whether traffic demands a second bridge before even one is in operation and whether the rights of Contra Costa county and its citizens individually are to be first protected before privileges are granted to "foreign" promoters seeking a franchise. And the voters of the third Supervisorial district will say in no unmistakable terms:

"DO NOT COME UP HERE FROM RICHMOND TO TELL US HOW TO VOTE OR WHOM WE SHALL ELECT AS SUPERVISOR. WE FEEL PERFECTLY CAPABLE OF MANAGING OUR OWN AFFAIRS WITHOUT OUTSIDE INTERFERENCE OR ADVICE."

And in closing it is worthy of note, and the question may be timely asked, WHY IS SUPERVISOR C. H. HAYDEN SELECTED AS THE ONE AND ONLY MEMBER OF THE BOARD TO WHOM THE CHALLENGE IS ISSUED FOR A DEBATE?

Candidate For Governor Has Attentive Audience

Albany Has Two Excellent Baseball Teams

(Albany Argus)
Albany has two excellent baseball organizations and they proved their prowess and that they had their eye on the ball Sunday when both the youngster and the seniors won their games, shutting out their opponents by scores of 3 to 0 and 4 to 0 respectively.

The Argus sporting editor witnessed the morning game between the Albany Juniors and the Larkspur team, and those boys sure played big league ball. Perfect throws to second, fast work on the bases and long run catches were features. Albany has talent, and scouts from the big leagues are watching Albany.

Serenade Party Surprise Newlyweds

Mr. and Mrs. A. J. Eric, recently married, are established at their new home at 125 Seventh street, and are receiving the congratulations of their many friends of Richmond and the eastbay cities. But they were not expecting the "serenade" given them Monday night, when a crowd of young ladies gathered at on the front porch and opened up with a grand overture that made the dishes rattle in the pantry. The serenade on like occasions is usually

Mr. Eric responded promptly, and the musicians were ushered indoors and thanked for their fine selections.

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Judge Rex B. Goodcell Speaks at Hotel Carquinez

Those who heard Judge Rex B. Goodcell, Republican candidate for Governor, at Hotel Carquinez Tuesday evening at a dinner given in Goodcell's honor, were well repaid for their time in listening to the man who will figure largely in the contest for Governor. Judge Goodcell is native born, a Californian of the true type, and 100% American. He prides himself on being a Republican every day in the year, and emphatically impresses his listeners that he is in earnest. In reference to the other candidates in the gubernatorial race Goodcell said they were not Republicans, and following this mild impeachment he gave the audience some history and records that elicited much applause from the hearers, an audience composed of men and women of all political creeds.

Goodcell claims to be a free lance, and illustrated by saying: "I'm only what the cattlemen would term a 'Maverick,' one who has never felt the heat of the branding iron. With no strings, independent and free, I am for the whole people of California, their welfare and interests."

Thirty-Two Years

It was 16 years ago when we met Sheriff Veale on Market street.

ing pleasant. He had just been elected sheriff again, with an overwhelming majority. History repeats, they say. It will—all except the mustache.



Working cooperatively, progressive groups of farmers in California, solve their irrigation problem.

The Nevada County Irrigation District recently voted \$7,500,000 for bonds. They will collect and divert water through a P. G. & E. power plant at a cost of so much per acre foot to the power company, after which, the water undiminished will enter irrigation ditches and canals.

The South San Joaquin and Oakdale Districts, jointly, in a like arrangement, voted \$2,200,000 for bonds.

In each case the price paid for water by the power company redeems bonds and interest without any financial burden to the farmer.

"Help agriculture and you help the State."

PACIFIC GAS AND ELECTRIC COMPANY
P. G. & E.
Owned-Operated-Managed by Californians

HUSBAND DID THE WASHING

His Wife Confined to Her Bed by Ill Health

Because of his wife's frequent ill health, Mr. J. F. Gage was obliged to do the washing and cooking for the family.

One day when Mrs. Gage was confined to her bed, he brought her the newspaper to read. Among the advertisements she noticed a letter from another sick woman telling of the help she had received from Lydia E. Pinkham's Vegetable Compound.

"I'll try it," she decided. Her husband brought home a bottle and only a few days after she had begun to take it she felt well enough to be up around the house. Gradually her general health improved until she is now able to do her own work.

In a letter which Mrs. Gage recently wrote, she said, "I have taken twelve bottles and feel like a new woman." She has told many women about Lydia E. Pinkham's Vegetable Compound and one of her friends is now taking it. Her address is Mrs. J. F. Gage, Route 5, Brownwood, Texas.

Lydia E. Pinkham's Vegetable Compound has been taken by women for more than half a century with very satisfactory results.

FOR OVER 200 YEARS

haarlem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.

GOLD MEDAL HAARLEM OIL CAPSULES

correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.

Clear Your Skin With Cuticura Soap to Cleanse Ointment to Heal Absolutely Nothing Better

BOILS There's quick positive CARBOIL

DON'T NEGLECT inflamed eyelids or other eye irritations. You will find a soothing relief in MITCHELL'S EYE SALVE.

Cocaine Best of Local Anesthetics

The discovery of local anesthetics revolutionized surgery, says Dr. Emil Mayer in the Hygeia Magazine. In 1884 Dr. Karl Koller of Vienna announced that he had dropped a solution of cocaine in a patient's eye and then operated on the eye without any pain to the patient or loss of consciousness. Cocaine has been found to be useful for many sorts of operations, and particularly valuable in the saving of time in the hospital and in the absence of unpleasant after-effects that sometimes accompany general anesthesia.

In 1896 there was perfected a preparation from the dried extract of certain glands that so contracts the blood vessels as to render the parts bloodless. Now an operation may be both bloodless and painless and performed without loss of consciousness, or any great amount of time.

Old Age Pensions Old age pensions are in force in Great Britain, France, Germany, Belgium, Argentina, Australia, Sweden, Italy, Portugal, Greece, Switzerland, Denmark, Austria, Czechoslovakia and New Zealand.—Thrift Magazine.

Lying Around Loose Autist—Where do you get autist parts around here? Native—At the railroad crossing.

Quick safe relief CORNS

In one minute your misery from corns is ended. That's what Dr. Scholl's Zino-pads do. They do it by removing the cause—pressure or rubbing of shoes. You risk no infection from amateur cutting, no danger from "drops" (acid). Zino-pads are thin, medicated, antiseptic, protective, healing. Get a box at your druggist's or shoe dealer's today—35c.

Dr. Scholl's Zino-pads But one on the pain is gone

AROUND THE HOME

By MARGARET BRUCE

The Decorative Value of Large Pictures.

If I were asked what one fault rendered the interior of many homes ineffective, I think I would say, too many small pictures on the walls. A living room of noble proportions, with ample wall spaces can be utterly spoiled by being dotted—yes, dotted is the word—with pictures ranging from ten to eighteen inches in size. Such small pictures as this are entirely out of proportion to a room of any fair dimensions, especially if there are no big pieces of furniture to rise against the wall space and help to fill it up. The dignity of a spacious living room is lost without at least one or two large mural decorations, or even more, unless there are a good many windows to break the wall spaces.

Not long ago I sat in a beautiful home where the entrance hall, living room and dining room opened into each other with wide rough-plastered arches showing no woodwork what-
ever. There were very few small pictures on the walls, and what there were had been gathered together in a well-arranged group that had the value of a large picture. Over a long divan against one wall was a color print in quiet rich tones. It



formed a background that had the effect of a tapestry. It hung low above the couch and was nearly as long as that piece of furniture.

Over the stone mantel at the other end of the room was a long dusky oil painting, a copy of a master. In another broad wall space hung an oriental rug, with a massive carved chair below it. There was an entire absence of petty pictures.

If small pictures are used in spacious rooms, they should not be stretched at regular intervals here and there over the wall, but gathered together into panel-shaped groups, or perhaps hung in the narrow space between two windows. They should never be flung meaninglessly over the surface of a large side wall, like bits of paper affixed on a river.

For the Home Color-Schemer

Not long since I called one afternoon upon one of my friends who told me that she had done every bit of the decorating in her new home herself. She had gotten the unpainted wood furniture in charming designs and had decorated to her heart's content, with a different color scheme in each room. She had painted her plain plaster walls in the softest of aquatints and paneled them by painting heavy double lines upon them in a slightly darker or a contrasting tone. She had applied unbleached muslin curtains and bed coverings, after dyeing the fabric in just the colors she wanted.

"But best of all," she ended triumphantly, "are my home-decorated metal accessories—my door-stops, light sconces, bookends, inside door knockers, and candlesticks. I have discovered a foundry that turns out all these things in plain gray iron castings which one may decorate to suit her own taste. You know that ordinarily we have to buy these things already decorated, and frequently in colors that fairly fight with everything in the house. This foundry realizes the need for individualism in the modern home, and simply turns the iron castings over to us, saying: "There! color it up yourself!"

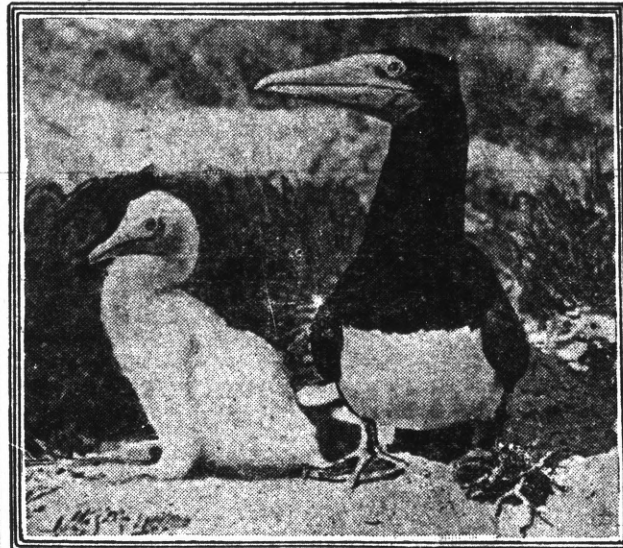
And she pointed to a gay cockatoo door-stop, in Chinese yellow and vermilion, on a jade green ball, which was holding open the door to her bright little library, where the curtains, candle-shades and the decorative book-jackets (which she had made herself) were in the same original colors.

"Yes, he came in plain gray iron," she said, "and I painted him myself. I decorated the iron wall sconces, too, and the metal book-ends on the library table. You see when you have just the plain surface to work on you can do anything your fancy dictates. You can choose the colorful stiles for draperies and candle-shades, and then decorate the heavier articles in shades that harmonize.

"This foundry also makes colonial curtain hold-backs, match-holders and ash trays, lamp bases, fire dogs, and other articles in the same gray iron. They are decorated by using flat colors in oil paint, in enamel, or in bronze. It leaves one free to work out just the color combinations needed."

(Copyright.)

Nawaiian Bird Reservation



Booby and Chick on Laysan Island.

(Prepared by the National Geographic Society, Washington, D. C.)

WHEN the United States annexed Hawaii, in addition to the eight large, inhabited islands that form the territory as the tourist sees it, a chain of islets that extend from the main group toward the northwest for more than 1,300 miles was also acquired. Uninhabited by man, except for a cable station at Midway, these have been little known. In 1909, through the interest of former President Roosevelt, these Leeward Islands of the Hawaiian group were set aside as the Hawaiian Bird reservation, and placed under control of the United States biological survey.

From time to time parties have visited Laysan, an important bird rookery, to study its wonderful bird life, and perhaps en route have landed for a few hours at one or two other points. On the whole, however, the group, from a scientific standpoint, had been unexplored until 1923, when arrangement was made with the Navy department for transportation and other assistance, and a co-operative expedition was organized for a complete exploration of these outlying islands. On April 4 a party of 12 left Honolulu on a 1,000-ton naval mine sweeper, the U. S. S. Tanager, for a four months' cruise.

Though rough and inhospitable to the voyager, the first island in the chain, Nihoa, proved of great interest. Polynesian once had a colony of several hundred persons here. Level house platforms made of flattened stones rose one above the other in a little valley that, during rains, evidently contained water.

The steep slopes, now clothed with bushes, had been terraced with great labor to permit cultivation of the sweet potato and dry land taro, and a cave or two showed signs of ancient occupancy. A number of stone bowls fashioned from porous volcanic rock were found.

Small groves of a slender palm grew in some of the gulches, while a scrubby, woody-stemmed plant allied to our common lamb-quarters clothed the slopes.

In these were flocks of the saucy Nihoa finch (not a true finch, but a strong-billed member of the curious Hawaiian family Drepanididae) and an occasional millerbird (a form new to science), both species restricted in range to this barren rock, and found nowhere else in the world.

Hordes of terns nested on the slopes, boobies and frigate birds formed colonies in the bushes, and beautiful snow-white love birds nested in pairs on tiny ledges on the huge black cliffs. Albatrosses, found elsewhere near the sea, here nested on a flat 850 feet above the waves.

Ancient Ruins on Necker. From a distance Necker, where the party proceeded after completing work on Nihoa, appears as some misshapen, monstrous animal crouched amid the waves.

Nihoa was well known to the ancient Hawaiians, but Necker had no known native name, nor does it figure in the many legends of that people. There are found, however, on this isolated bit of rock, far below the horizon from distant Nihoa, many signs of occupancy by ancient, more or less primitive man.

A wonderful series of more than 40 heiaus, or stone temple platforms, rectangular in form, ranging from a few feet to sixty feet in length by half as wide, were found on the higher points of the island.

The floors of these ancient temples were smooth, except where a raised platform two or three feet wide had been constructed to a height of twelve or fifteen inches across one of the long sides. At regular intervals along its back were blocks of stone a foot or more wide by three or four feet high.

From Necker the explorers continued west for a brief stay among the 18 sand islands and the pinnacle rock that mark French Frigate shoal. Beyond lies Gardner island, an inaccessible rock, according to the United States Coast Pilot. If others had effected a landing here before this visit, there was apparently no record of the

feet. Ferns of five species rested both on the gentler slopes and on the steep ledges. Tropic birds nested in holes below the summit, and the whole upper third of the island was given over to the blue-faced boobies, now on guard over their well-grown young.

Laysan's Bird Hordes.

Traveling west from Gardner island, one soon comes to Dowsett and Maro reefs, named from ancient shipwrecks. These are mere coral rings marked by breakers and without visible land. Then, over the horizon, beyond the dangerous jaws of these hidden traps, comes Laysan island, 855 nautical miles from Honolulu.

An elevation rim, rising somewhat abruptly from the beach line to a height of 20 to 40 feet, incloses a shallow, oblong basin, in whose center is a saline lagoon with waters concentrated by evaporation under a blazing sun, until they are far more heavily charged with salt than the sea itself.

At an early date it was discovered that there were valuable deposits of guano on Laysan, or Molokai, as it was then known, and for some years the island was of considerable commercial importance.

Through all these years Laysan had been literally covered by myriad sea birds, while the grass and shrubbery that clothed the island harbored five species of land birds restricted to its less than two square miles and known nowhere else in the world in a native state. These included a tiny flightless rail, a species of duck, a warbler, known as the millerbird, and two species of Drepanididae, one as large as a sparrow, with strong robust bill, known as the Laysan finch, or "canary," and the other smaller, with slender beak, the Laysan honey eater, called from its coloration the "red-bird."

Laysan is the metropolis of the Laysan albatross, a beautiful bird as large as a goose, with snowy breast, black wings, and delicately tinted bill. With it is found the sooty albatross, the "gooney," familiar to tourists on trans-Pacific steamers, of equal size, but with sober sooty-gray plumage.

Stripped of Rabbits.

Some time in 1902 the foreman of the guano works brought to Laysan three or four pairs of rabbits, partly to amuse his children, and partly for the fresh meat they would furnish. For a time the animals were kept about the houses, but gradually a pair broad tracts of grass, succulent herb-
age, and protecting shrubs. Rabbit enemies there were none, as cats and dogs were forbidden because of their damage to birds. With abundant food and a genial climate, bunny's increase was incredibly rapid.

Early accounts of Laysan island and photographs taken 20 years ago depicted it as a pleasant spot covered with green vegetation. Reports of damage to shrubbery had led the recent explorers to expect some changes, but had not prepared them for the utter desolation that they found when they landed in the little harbor and walked slowly up the sandy slopes to a point near the tumbledown buildings remaining from the guano workings.

On every hand extended a barren waste of sand. Two coconut palms, a stunted hau tree and an ironwood or two, planted by former inhabitants, where the only bits of green that greeted the eye. Other vegetation had vanished. From all appearance, Laysan might have been some desert, with the gleaming lake below merely a mirage.

Without the restraining influence of active enemies, rabbits had multiplied until they had absolutely stripped the island and then had slowly starved. Of the vast army of destroyers only a few hundred remained.

It was necessary to destroy these if the birds were to be protected. The destruction of the majority was simple, but the survivors became wary and it was necessary to hunt them out one at a time. A party sent to Laysan a year later reported no sign of a single survivor.

The Kitchen Cabinet

(© 1926, Western Newspaper Union.)

A room without flowers in summer is as devoid of character and charm as a man without a necktie.

SALADS AND SANDWICHES

There is no fruit that is more appetizing in a salad than pineapple; grapefruit, too, is a great favorite.

New Cabbage Salad.—Chop a small tender head of cabbage, add one apple also chopped, with two slices or more of minced pineapple, mix well with a good mayonnaise dressing and serve on a lettuce leaf.

Bird's Nest Salad.—Color cream cheese with a bit of green fruit coloring, add cream to make it soft enough to mold, then roll in the size of eggs. Shred lettuce and form into nests, arranging three or four of the cheese eggs in the nest. Serve with any desired dressing.

Grapefruit Salad.—Cut grapefruit into halves, take out the pulp and mix with chopped pineapple pulp, and maraschino cherries with sugar and maraschino syrup to taste. Garnish with cherries after the shells are filled.

Lily Salad.—Cut hard cooked egg whites into petal-shaped pieces, leaving the yolk perfectly whole. Rub each egg yolk with creamed butter, mustard and vinegar well mixed. Serve on beds of cress with mayonnaise dressing.

Tartar Sandwiches.—Chop three sardines, add a cupful of boiled ham ground, three small cucumber pickles, a little chow-chow, with a teaspoonful of catsup and a quarter of a teaspoonful of mustard; add a dash of lemon juice and mix well. Spread on buttered bread.

Celery Sandwiches.—Finely chop crisp celery—there should be a cupful. Add two hard cooked eggs finely chopped, fine chopped green onions to make one-half cupful. Season well with salt and pepper, moisten with any good salad dressing. Spread bread with mayonnaise and add the filling, using dry, graham or whole wheat bread. Serve on a sandwich plate garnished with red radishes and green onions.

Chestnut Salad.—When in season, this delicious nut makes many tasty dishes. Mix sweet cream, cream cheese, and finely chopped green peppers. Divide into pieces, roll in cracker crumbs that have been browned. Shape in the form of a chestnut burr and insert a cooked chestnut in each. Serve with mayonnaise.

Rhubarb with various fruits. one part of fruit to two of rhubarb, makes delicious jam. Pineapple, raspberry, strawberry are well liked. The jam will taste of the fruit and the rhubarb gives bulk, thus making much more the jam.

Everyday Good Things.

For the small family fond of chop suey, a home-made variety will be found appetizing.

Chop Suey.—Cut celery into two-inch strips then shred not too thin; cut one onion into bits. Fry one pound of very thinly sliced round steak

which has been cut into inch squares, in suet fat. When brown add a little water and simmer, adding more water until the meat has simmered an hour, then add the vegetables, salt, pepper, and one-half teaspoonful of sugar with two or three tablespoonfuls of figi sauce, which comes in small bottles costing about twenty cents. The amount of seasoning depends upon the taste; a spoonful or two of caramel (brown sugar and water) adds richness of color as well as flavor and makes the product more like the Chinese chop suey.

Junket Ice Cream.—To one quart of rich milk add one cupful of cream, heat until just lukewarm, add a dissolved tablet of junket and stir well, with one cupful of sugar and a tablespoonful of vanilla; pour into a freezer and freeze. Serve with crushed fresh fruit well mixed with sugar or with a butterscotch sauce.

Maple Frozen Dish.—Heat a pint of cream, remove from the fire and add one-half cupful of sugar and a teaspoonful of vanilla; stir and chill, then freeze. Cook one-half cupful of sugar with water to dissolve it, until it spins a thread, pour over the stiffly beaten white of an egg and beat until cold. When the cream is partly frozen, open the can, scrape down and turn in the frosting. Repack and stir until frozen. Serve with a thick hot maple sauce, adding chopped nuts if desired.

Butterscotch Sauce.—Put a cupful of cream into a double boiler over hot water, add one cupful of sugar, one cupful of dark corn syrup, mix well and cook for an hour over the water. Add a dessert spoonful of butter and one-half teaspoonful of vanilla. Serve on cottage pudding.

Hot Ham Sandwiches.—Chop cold boiled ham very fine; add enough creamed butter to make a paste, season with mustard, cayenne and spread on slices of buttered bread. Beat an egg slightly, add one-half cupful of milk and a little salt. Dip the sandwiches into the egg and fry in a little butter until brown on both sides.

Neils Maxwell

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